

# Meerkats Field Hockey

## Player/Coach/Parent Contract

As a Coach, I promise to:

1. Be responsible for my own behavior and also the behavior of my team members, their parents, and fans.
2. Never physically, verbally or mentally harm a child in my care.
3. Lead by example and encourage my team members to play by the league rules and respect the rights of other players, coaches, fans and officials.
4. Provide a sports environment for my team that is free of drugs, tobacco, alcohol, and abusive language and refrain from their use at all sporting events.
5. Make every effort to improve my knowledge of coaching techniques so that I can teach the sport properly to my players.
6. Obtain, read and abide by the rules and guidelines for the league.
7. Place the emotional and physical well being of my players ahead of a personal desire or external pressure to win.
8. Ensure that my players are supervised by myself or another designate adult and never allow my players to be left unattended or unsupervised at a game or practice.
9. Never knowingly permit an injured player to play or return to the game without proper medical approval.
10. Ensure that all equipment used by my players is safe and conforms to the rules of the game. I shall not allow illegal or unsafe equipment to be used.
11. Respect the game and league officials and communicate with them in an appropriate manner.
12. Be knowledgeable of the league rules and regulations, and teach these rules to all players on my team.
13. Begin and end practice on time
14. Ensure all players have an opportunity to improve their skills
15. Ensure all players have an opportunity to play in the games
16. Create a playing environment that is well-organized, professional, and FUN !!!

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Coach Signature

As a Player, I promise to:

1. Be courteous to opposing teams and treat all players and coaches with respect.
2. Be modest when successful and be gracious in defeat.
3. Show respect for authority to the officials of the game and of the league.
4. Respect the privilege of the use of public facilities.
5. Demonstrate good sportsmanship before, during and after games.
6. Help parents and fans understand the league philosophy so they can watch and enjoy the game.
7. Respect the game, play fairly and follow its rules and regulations.
8. Show up for practice on time, with proper equipment and ready to play
9. Place school commitments and homework as my first priority
10. Have FUN !!!
11. Jewelry, chewing gum or using cellular phones during our practices and matches is absolutely forbidden.

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Player Signature

As a Parent/Guardian of a Player, I promise to:

1. Place the well being of my child before a personal desire to win.
2. Encourage good sportsmanship by demonstrating positive support for all players, coaches, fans and officials at games, practices and other sporting events.
3. Encourage my child to play by the rules and respect the rights of other players, coaches, fans and officials.
4. Advocate a sports environment for my child that is free of drugs, tobacco, alcohol and abusive language, and refrain from their use during youth sporting events.
5. Help my child show up to practice and games ontime, with proper equipment, and ready to play
6. Comply with the requirements not only for practice but also for matches (snack time).
7. The coaches are at the field to act as coaches and work with the players. Any questions or comments have to be addressed on a different time.
8. Under no circumstances during practices or matches are the parents or guardians allowed inside the field.

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Parent/Guardian Signature